

## Pasta with Avocado Sauce

Looking for a quick, healthy meal for the family? Looking to change up the flavors? Well, look no further. This pasta with avocado sauce recipe is simply delectable!



### Ingredients:

- 2 cup of whole wheat or vegetable pasta uncooked
- 1 ripe avocado peeled and cut into halves
- 1/4 cup olive oil
- 1/4 cup parmesan cheese freshly grated
- 1/4 cup fresh basil leaves
- 2 garlic cloves
- 2 tablespoons lime juice
- Salt and pepper to taste

### Directions:

- First add pasta to boiling water
- Once the paste cooks, drain it from the water
- Separately, place all the other ingredients into a blender. Blend until desired consistency is met.
- Once blended, toss the pasta and sauce together! Add in some salt and pepper to taste and EAT UP!

